

TSP 401: Christian Spiritual Tradition
Spiritual Direction Internship
Fall Semester

Faculty: Rev. David B. Rosenberg

Site Location: 202 N Market Street DeWitt Michigan
Wednesday 6:00 pm to 9:00 pm

Phone:(Cell) 517-668-5077

E-mail: drosenberg@isdministries.org

Course Description:

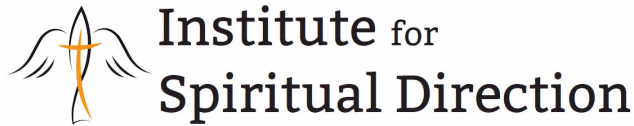
This course is offered as a guide for the historical study of Christian spirituality. We will cover those people, movements, texts and practices that relate directly to the promotion of wisdom about how to lead a “spiritual life.” This course will cover both how such a life has been understood and also how it has been practiced at different times and different places.

Faculty Biography:

Rev. Fr. David Rosenberg received his Bachelor’s degree in Theology from Siena Heights University and was awarded his Masters of Divinity from Pope Saint John XXIII National Seminary in Weston, MA. While attending Pope Saint John he completed additional graduate course work in Systematic Spiritual Theology and Spiritual Direction. He is currently director and rector of the Institute for Spiritual Direction. He formerly served as director of St Francis Retreat Center in DeWitt, Associate Pastor of St. Andrew Parish in Saline, MI, and Pastor of the Catholic Community of St Mary and St Ann in Charlotte, MI.

Required Text:

- 1) **Spirituality, A Brief History**, Second Edition; Phillip Sheldrake; Wiley & Sons, Ltd Publications; 2013 ISBN-978-1-118-47235-4
- 2) **Living Liturgy™**: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, Year A & Year B & Year C
- 3) **Mass Matters: We Are Called to Glory**, *A booklet comprising eight short lessons on the Eucharistic Liturgy*; by Fr David Rosenberg, available from instructor



Library Reference Books for supplemental reading:

Sacred Fire: A Vision for Deeper Human and Christian Maturity; Ronald Rolheiser; 2014
The Gift of Spiritual Direction; Wilfrid Stinissen; Liguori Press, Missouri (1999);
ISBN-G-7648-0385-9

TSP Learning Outcomes:

- **Systematic Spiritual Theology** -- Students will identify and comprehend the historical foundations of spirituality and be able to apply them to ministry.
- **Christian Worldview** -- Students will explore the foundational spiritual traditions of Christianity and demonstrate skill in applying to ministry its methods, resources, and meaning.
- **Reflective Skills** -- Students will learn to reflect on their world experience through a spiritual lens.
- **Collaborative Learning** -- Students will apply their increasing spiritual theological understanding to both learning and directing others.

Grading Policy and Scale:

It is expected that written assignments and class presentations reflect the following:

Clear expression of thought
Logical coherence
Correct facts
Engagement with course material
Correct spelling and grammar

This is a Pass/Fail course, with the final grade based on the following point potential:

Attendance and active participation	70
Class Presentations	30

Attendance Policy:

Students are expected to attend each class. In the event of illness or emergency please notify the professor.

Students With Learning Disabilities:

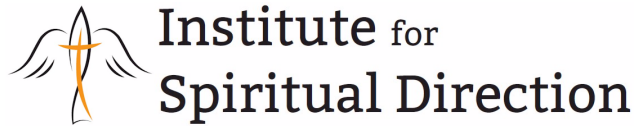
If a student is in need of an accommodation based on the impact of your disability, you should contact me to arrange an appointment. At the appointment we can discuss the course format, anticipate your needs and explore potential accommodations. I rely on the Diocesan Office for Disabilities for assistance in verifying the need for accommodations and developing accommodation strategies.

Course Schedule and Assignment List:

Class Week:	Class Dates:
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
T'giving Break	
12	
Graduation	

Typical Class Agenda:

6:00 pm -- 6:20 pm Lectio Divina Reflection
 6:20 pm -- 7:20 pm Lecture Q/A
 7:25 pm -- 7:40 pm 15 minute Break
 7:40 pm -- 8:40 pm Student Presentation
 8:40 pm -- 9:00 pm Large Group Wrap up



Class will be in session 12 times, and have a combination of lectures and student presentations. The mandatory and necessary reading assignments are for the next “Class Week.” This is all enumerated in the class schedule outlined below.

Class Week 1

Note: Required reading *before this first class*:

1) **“Spiritual Theology -- Course Intro -- The Art of Spiritual Direction”**

Use this link to access this as a Google Doc:

https://docs.google.com/document/d/1wN_--Mti_egpJzeUm5O6PfbNdM6zR90DzjRWGrF3OP8/edit?usp=sharing

2) **“How to Write a Reflection Paper”**

Use this link to access this as a Google Doc:

<https://docs.google.com/document/d/11Tkb4A0inw9csXe2-yP-nN-EmzyrrXYqGOz03WxErwk/edit?usp=sharing>

(hand outs as PDF will be emailed by Fr D)

Lecture: Spiritual Theology -- Course Intro -- The Art of Spiritual Direction

Reading Assignment for Class Week 2:

Ch 1 Part I, pg 1 - 9 , What Is Spirituality?

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Class Week 2

Guest Lecturer: Spiritual Direction: an Overview

Lecture: Ch 1 Part I, pg 1-9, What is Spirituality?

Reading Assignment for Class Week 3:

Ch 1 Part II, Pg 11 - 18 What is Spirituality?

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Class Week 3:

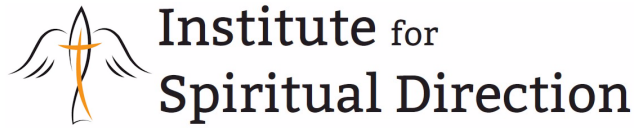
Lecture: Ch 1 Part II, Pg 11 - 18 What is Spirituality?

Student Presentations: Ch 1 Part II

Reading Assignment for Class Week 4:

Ch 2, Foundations: Scriptures and Early Church

ISD Gospel Reflection:(*email to reflections@isdministries.org*)



Class Week 4:

Lecture: Ch 2 Foundations

Student Presentation: Ch 2 (Select Topic from Chapter)

Reading Assignment for Class Week 5:

Ch 3, Monastic Spiritualities: 300-1150

ISD Gospel Reflection: *(email to reflections@isdministries.org)*

Class Week 5:

Lecture: Ch 3, Monastic Spiritualities: 300-1150

Student Presentation: Ch 3, (Select Topic from Chapter)

Reading Assignment for Class Week 6:

Ch 4, Spirituality In The City: 1150 – 1450

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Class Week 6:

Lecture: Ch 4, Spirituality In The City: 1150 – 1450

Student Presentation: Ch 4, (Select Topic from Chapter)

Reading Assignment for Class Week 7:

Ch 5, Spiritualities in the Age of Reformations: 1450 – 1700

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Class Week 7:

Lecture: Ch 5, Spiritualities in the Age of Reformations: 1450 – 1700

Student Presentation: Ch 5, (Select Topic from Chapter)

Reading Assignment for Class Week 8:

Ch 6, Spirituality in an Age of Reason: 1700 -- 1900

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Class Week 8:

Lecture: Ch 6, Spirituality in an Age of Reason: 1700 -- 1900

Student Presentation: Ch 6, (Select Topic from Chapter)

Reading Assignment for Class Week 9:

Ch 7, Modernity to Postmodernity: 1900 – 2000

Class Week 9:

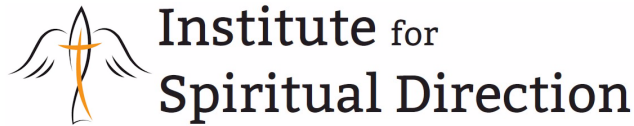
Lecture: Ch 7, Modernity to Postmodernity: 1900 – 2000

Student Presentation: Ch 7, (Select Topic from Chapter)

Reading Assignment for Class Week 10:

Ch 8, Twenty-First Century Trajectories

ISD Gospel Reflection:(*email to reflections@isdministries.org*)



Class Week 10:

Lecture: Ch 8, Twenty-First Century Trajectories

Student Presentation: Ch 8, (Select Topic from Chapter)

Practicum: Part I: practicum, journaling, and peer review, Guest Spiritual Director

Reading Assignment for Class Week 11:

Mass Matters: We Are Called to Glory

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Class Week 11:

Lecture: The Sacred Mysteries of the River of Life and the Eucharistic Liturgy

Presentation: Mass Matters: We Are Called To Glory

Practicum: Part II: practicum, journaling, and peer review, Guest Spiritual Director

Reading Assignment for Class Week 12:

Students to complete course evaluation

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Thanksgiving Break: No Class

Class Week 12:

Practicum: Part III: practicum, journaling, and peer review, Guest Spiritual Director

Student Evaluations: Instructors and Mentors will meet with each student.

wrap up semester, discussion, second semester preview.