



Institute for Spiritual Direction

TSP 403: Systematic Spiritual Direction Spiritual Direction Internship Fall Semester

Faculty: Rev. David B. Rosenberg

**Site Location: ISD Office Classroom
Tuesday 6:00 pm to 9:00 pm**

Phone: 517-668-5077

E-mail: drosenberg@isdministries.org

Course Description:

This course is offered as an integrative colloquium to review and augment in this final semester a systematic approach for the Spiritual Director. Combining studies with spiritual direction practicum and peer review, the student, by the completion of the semester, should be fully prepared to receive a certificate of completion to professionally practice the discipline of Spiritual Direction.

Faculty Biography:

Rev. Fr. David Rosenberg received his Bachelor's degree in Theology from Siena Heights University and was awarded his Masters of Divinity from Pope Saint John XXIII National Seminary in Weston, MA. While attending Pope Saint John he completed additional graduate course work in Systematic Spiritual Theology and Spiritual Direction. He is currently director and rector of the Institute for Spiritual Direction. He formerly served as director of St Francis Retreat Center in DeWitt, Associate Pastor of St. Andrew Parish in Saline, MI, and Pastor of the Catholic Community of St Mary and St Ann in Charlotte, MI.

Required Text:

- 1) Systematic Spiritual Direction, an Integrative Colloquium; ISBN: 9781086405842 (Available in classroom)
- 2) Living Liturgy™: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, Year A & Year B & Year C
- 3) The Spiritual Wisdom of the Gospels for Christian Preachers and Teachers Year A & Year B & Year C from Liturgical Press



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Library Reference Books for supplemental reading:

(Resource books in our library)

TSP Learning Outcomes:

- **Systematic Spiritual Theology** -- *Students will identify and comprehend the historical foundations of spirituality and be able to apply them to ministry.*
- **Christian Worldview** -- *Students will explore the foundational spiritual traditions of Christianity and demonstrate skill in applying to ministry its methods, resources, and meaning.*
- **Reflective Skills** -- *Students will learn to reflect on their world experience through a spiritual lens.*
- **Collaborative Learning** – *Students will apply their increasing spiritual theological understanding to both learning and directing others.*

Grading Policy and Scale:

It is expected that written assignments and class presentations reflect the following:

- Clear expression of thought
- Logical coherence
- Correct facts
- Engagement with course material
- Correct spelling and grammar

This is a Pass/Fail course, with the final grade based on the following point potential:

Attendance and active participation	70
Class Presentations	30

Attendance Policy:

Students are expected to attend each class. In the event of illness or emergency please notify the professor.

Students With Learning Disabilities:

If a student is in need of an accommodation based on the impact of your disability, you should contact me to arrange an appointment. At the appointment we can discuss the course format, anticipate your needs and explore potential accommodations. I rely on the Diocesan Office for Disabilities for assistance in verifying the need for accommodations and developing accommodation strategies.



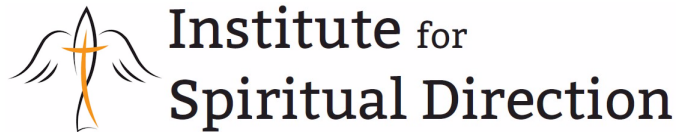
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Course Schedule and Assignment List:

Class Week:	Class Dates:
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
T'Giving	Break
12	
Graduation	(TBA)

Typical Class Agenda:

6:00 pm -- 6:20 pm	Lectio Divina Reflection
6:20 pm -- 7:20 pm	Lecture Q/A
7:25 pm -- 7:40 pm	15 minute Break
7:40 pm -- 8:40 pm	Student Presentation
8:40 pm -- 9:00 pm	Large Group Wrap up



Course Schedule and Assignment List:

Class Week 1:

Note: Required reading *before this first class*:

“Spiritual Theology : The Art of Spiritual Direction”

Use this link to access this as a Google Doc:

https://docs.google.com/document/d/1wN_-Mti_egpJzeUm5O6PfbNdM6zR90DzjRWGrF3OP8/edit?usp=sharing

Lecture: Introduction: Preface and Overview of the Art of Spiritual Direction

Reading Assignment for the Class Week 2:

Systematic Spiritual Direction Chapter 2: Mysticism

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Spiritual Wisdom of the Gospels - anticipating Sunday in Liturgical Year Cycle

Class Week 2: Sept 14

Lecture: Systematic Spiritual Direction Chapter 2: Mysticism

John Mabry:

Growing into God: A Beginner's Guide to Christian Mysticism John Mabry
For many people, the word mysticism conjures up occult, secretive rituals held after midnight in some dark cave. But true mysticism isn't at all sinister or secretive, says author John Mabry, an Anglican-rite Congregational minister. In fact, mysticism is at the heart of an authentic Christian life. It is nothing more and nothing less than the pursuit-and enjoyment-of union with God, which is the goal of all Christian spirituality. Christian mysticism is the discipline of growing the soul into God—shedding illusory identities, deepening prayer, seeing God in all things, and acting as Christ in the world.

Discerning the Purgative / Illuminative / Unitive dimensions of the Directee

Student Presentation: (n/a)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 3:

Chapter 3: Pilgrim's Way of the Cross

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

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Class Week 3:

Lecture: Chapter 3: Pilgrim's Way of the Cross

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 4:

Chapter 4: Spirituality of the Desert Fathers and Mothers

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

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Class Week 4:

Lecture: Chapter 4: Spirituality of the Desert Fathers and Mothers

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 5:

Chapter 5: Benedictine Spirituality

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

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Class Week 5:

Lecture: Chapter 5: Benedictine Spirituality

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 6:

Chapter 5: The Benedictine Rule

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

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Class Week 6:

Lecture: Chapter 5: The Benedictine Rule, with ISD Focus Nancy Theis

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 7:

Chapter 6: Carmelite Spirituality: St Teresa Avila

St. Teresa and the Four Waters of Prayer

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

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Class Week 7:

Lecture: Chapter 6: Carmelite Spirituality: St Teresa Avila
St. Teresa and the Four Waters of Prayer

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 8:

Chapter 7: Carmelite Spirituality: St John of the Cross

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

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Class Week 8:

Lecture: Chapter 7: Carmelite Spirituality: St John of the Cross

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 9:

Chapter 8: Ignatian Spirituality: Discernment of Spirits

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Spiritual Wisdom of the Gospels - anticipating Sunday in Liturgical Year Cycle

Class Week 9:

Lecture: Chapter 8: Ignatian Spirituality: Discernment of Spirits

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 10:

Chapter 9: Ignatian Spirituality: Daily Examen

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Spiritual Wisdom of the Gospels - anticipating Sunday in Liturgical Year Cycle

Class Week 10:

Lecture: Chapter 9: Ignatian Spirituality: Daily Examen

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Reading Assignment for the Class Week 11:

Chapter 10: The Spanish Mystics models of Lectio Divina

ISD Gospel Reflection:(*email to reflections@isdministries.org*)

Spiritual Wisdom of the Gospels - anticipating Sunday in Liturgical Year Cycle

Class Week 11:

Lecture: Chapter 10: The Spanish Mystics models of Lectio Divina

Student Presentation: (topic tbd)

Practicum: Review student practicum, journaling, and peer review

Hand out Student Course Evaluations

Reading Assignment for the Class Week 12:

Chapter 11: Integrative Colloquium:

Your Spiritual Crockpot and Rule of Life

ISD Gospel Reflection: (*email to reflections@isdministries.org*)

Spiritual Wisdom of the Gospels - anticipating Sunday in Liturgical Year Cycle

Thanksgiving Break: No Class

Class Week 12:

Lecture and Student Presentations: Chapter 11: Integrative Colloquium:

Your Spiritual Crockpot and Rule of Life

Practicum: Review student practicum, journaling, and peer review

Student Evaluations: Complete course evaluations

Instructors will meet with each student.

wrap up semester, discussion.

Planning for Evening of Commencement

Commencement Ceremony

Mass, Granting of Certificates of Completion, followed by Reception Dinner