



Institute for Spiritual Direction

Spiritual Direction Internship
Fall 2021

TSP 401: Christian Spiritual Tradition

Faculty: Rev. David B. Rosenberg

Site Location: SFRC Dewitt, ISD Resource Library
Wednesday 6:00 pm to 9:00 pm

Phone:(Cell) 517-668-5077 or (desk) 517-388-5291
E-mail: rosenbergdb@gmail.com

Course Description:

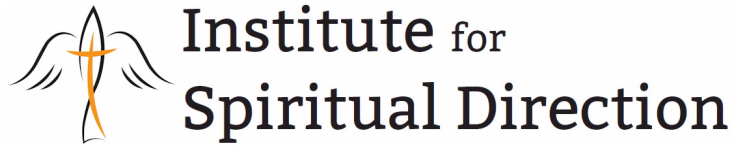
This course is offered as a guide for the historical study of Christian spirituality. We will cover those people, movements, texts and practices that relate directly to the promotion of wisdom about how to lead a “spiritual life.” This course will cover both how such a life has been understood and also how it has been practiced at different times and different places.

Faculty Biography:

Rev. Fr. David Rosenberg received his Bachelor’s degree in Theology from Siena Heights University and was awarded his Masters of Divinity from Pope Saint John XXIII National Seminary in Weston, MA. While attending Pope Saint John he completed additional graduate course work in Systematic Spiritual Theology and Spiritual Direction. He is currently director of St Francis Retreat Center in Dewitt and rector of the Institute for Spiritual Direction. He formerly served as associate pastor of St. Andrew Parish in Saline, MI, and pastor of the Catholic Community of St Mary and St Ann in Charlotte, MI.

Required Text:

- 1) **Spirituality, A Brief History**, Second Edition; Phillip Sheldrake; Wiley & Sons, Ltd Publications; 2013 ISBN-978-1-118-47235-4
- 2) **Living Liturgy™**: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, Year B (2021)& Year C (2022)
- 3) **Mass Matters: We Are Called to Glory**, *A booklet comprising eight short lessons on the Eucharistic Liturgy*; by Fr David Rosenberg, available in bookstore



Library Reference Books for supplemental reading:

Sacred Fire: A Vision for Deeper Human and Christian Maturity; Ronald Rolheiser; 2014

Spiritual Direction: A Guide for Sharing the Fathers Love; Emmaus Road Publishing
(November 10, 2017); ISBN-10: 1945125683

TSP Learning Outcomes:

Systematic Spiritual Theology Students will identify and comprehend the historical foundations of spirituality and be able to apply them to ministry.

Christian Worldview Students will explore the foundational spiritual traditions of Christianity and demonstrate skill in applying to ministry its methods, resources, and meaning.

Reflective Skills Students will learn to reflect on their world experience through a spiritual lens.

Collaborative Learning – Students will apply their increasing spiritual theological understanding to both learning and directing others.

Grading Policy and Scale:

It is expected that written assignments and class presentations reflect the following:

- Clear expression of thought
- Logical coherence
- Correct facts
- Engagement with course material
- Correct spelling and grammar

This is a Pass/Fail course, with the final grade based on the following point potential:

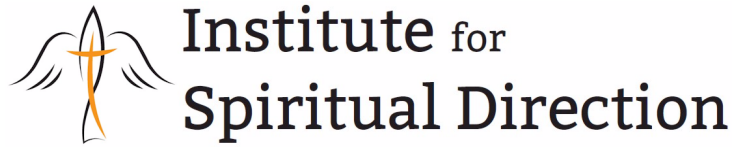
Attendance and active participation	70
Class Presentations	30

Attendance Policy:

Students are expected to attend each class. In the event of illness or emergency please notify the professor.

Students With Learning Disabilities:

If a student is in need of an accommodation based on the impact of your disability, you should contact me to arrange an appointment. At the appointment we can discuss the course format, anticipate your needs and explore potential accommodations. I rely on the Diocesan Office for Disabilities for assistance in verifying the need for accommodations and developing accommodation strategies.




Course Schedule and Assignment List:

Class Week:	Class Dates:
1	8-Sep
2	15-Sep
3	22-Sep
4	29-Sep
5	6-Oct
6	13-Oct
7	20-Oct
8	27-Oct
9	3-Nov
10	10-Nov
11	17-Nov
	26-Nov
12	1-Dec
Graduation	15-Dec

Typical Class Agenda:

6:00 pm -- 6:20 pm	Lectio Divina Reflection
6:20 pm -- 7:20 pm	Lecture Q/A
7:25 pm -- 7:40 pm	15 minute Break
7:40 pm -- 8:40 pm	Small Group Breakout
8:40 pm -- 9:00 pm	Large Group Wrap up



Institute for Spiritual Direction

Class will be in session 12 times, and have a combination of lectures and student presentations. The mandatory and necessary reading assignments are for the next “Class Week.” This is all enumerated in the class schedule outlined below.

Class Week 1: Sept 8

Note: Required reading *before this first class*:

“Spiritual Theology -- Course Intro -- The Art of Spiritual Direction”
(hand out to be emailed by Fr D)

Lecture: Spiritual Theology -- Course Intro -- The Art of Spiritual Direction

Reading Assignment for Class Week 2, Sept 15:

Ch 1 Part I, pg 1 - 9 , What Is Spirituality?

Class Week 2: Sept 15

Guest Lecturer: Spiritual Direction: an Overview

Lecture: Ch 1 Part I, pg 1-9, What is Spirituality?

Reading Assignment for Class Week 3, Sept 22:

Ch 1 Part II, Pg 11 - 18 What is Spirituality?

Class Week 3: Sept 22

Lecture: Ch 1 Part II, Pg 11 - 18 What is Spirituality?

Student Presentations: Ch 1 Part II

Reading Assignment for Class Week 4, Sept 29:

Ch 2, Foundations: Scriptures and Early Church

Class Week 4: Sept 29

Lecture: Ch 2 Foundations

Student Presentation: Ch 2 (Select Topic from Chapter)

Reading Assignment for Class Week 5, Oct 6:

Ch 3, Monastic Spiritualities: 300-1150



Institute for Spiritual Direction

Class Week 5: Oct 6

Lecture: Ch 3, Monastic Spiritualities: 300-1150

Student Presentation: Ch 3, (Select Topic from Chapter)

Reading Assignment for Class Week 6, Oct 13:

Ch 4, Spirituality In The City: 1150 – 1450

Class Week 6: Oct 13

Lecture: Ch 4, Spirituality In The City: 1150 – 1450

Student Presentation: Ch 4, (Select Topic from Chapter)

Reading Assignment for the two Lessons of Class Week 7, Oct 20:

Ch 5, Spiritualities in the Age of Reformations: 1450 – 1700

Class Week 7: Oct 20

Lecture: Ch 5, Spiritualities in the Age of Reformations: 1450 – 1700

Student Presentation: Ch 5, (Select Topic from Chapter)

Reading Assignment for Class Week 8, Oct 27:

Ch 6, Spirituality in an Age of Reason: 1700 -- 1900

Class Week 8: Oct 27

Lecture: Ch 6, Spirituality in an Age of Reason: 1700 -- 1900

Student Presentation: Ch 6, (Select Topic from Chapter)

Reading Assignment for Class Week 9, Nov 3:

Ch 7, Modernity to Postmodernity: 1900 – 2000

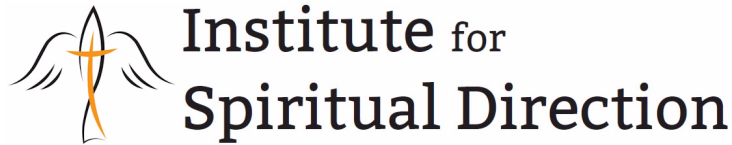
Class Week 9: Nov 3

Lecture: Ch 7, Modernity to Postmodernity: 1900 – 2000

Student Presentation: Ch 7, (Select Topic from Chapter)

Reading Assignment for Class Week 10, Nov 10:

Ch 8, Twenty-First Century Trajectories



Class Week 10: Nov 10

Lecture: Ch 8, Twenty-First Century Trajectories

Student Presentation: Ch 8, (Select Topic from Chapter)

Practicum: Part I: practicum, journaling, and peer review, Guest Spiritual Director

Reading Assignment for Class Week 11, Nov 17:

Mass Matters: We Are Called to Glory

Class Week 11: Nov 17

Lecture: The Sacred Mysteries of the River of Life and the Eucharistic Liturgy

Student Presentation: Mass Matters: We Are Called To Glory

Practicum: Part II: practicum, journaling, and peer review, Guest Spiritual Director

Reading Assignment for Class Week 12, Dec 1:

Students to complete course evaluation

Nov 26 *Thanksgiving Thursday Nov 26 Break: No Class*

Class Week 12: Dec 1

Practicum: Part III: practicum, journaling, and peer review, Guest Spiritual Director

Student Evaluations: Instructors and Mentors will meet with each student.

wrap up semester, discussion, second semester preview.