



# Institute for Spiritual Direction

Spiritual Direction Internship  
Fall 2021

## TSP 403: Systematic Spiritual Direction

**Faculty:** Rev. David B. Rosenberg

**Site Location:** SFRC Dewitt, Resource Library  
Tuesday 6:00 pm to 9:00 pm

**Phone:** (cell) 517-668-5077 or (desk) 517-388-5291

**E-mail:** rosenbergdb@gmail.com

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### Course Description:

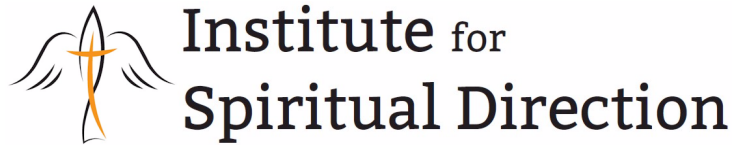
This course is offered as an integrative colloquium to review and augment in this final semester a systematic approach for the Spiritual Director. Combining studies with spiritual direction practicum and peer review, the student, by the completion of the semester, should be fully prepared to receive a certificate of completion to professionally practice the discipline of Spiritual Direction.

### Faculty Biography:

**Rev. Fr. David Rosenberg** received his Bachelor's degree in Theology from Siena Heights University and was awarded his Masters of Divinity from Blessed John XXIII National Seminary in Weston, MA. While attending Blessed John he completed additional graduate course work in Systematic Spiritual Theology and Spiritual Direction. He is currently director of St Francis Retreat Center in Dewitt and rector of the Institute for Spiritual Direction. He formerly served as associate pastor of St. Andrew Parish in Saline, MI, and pastor of the Catholic Community of St Mary and St Ann in Charlotte, MI.

### Required Text:

- 1) Systematic Spiritual Direction, an Integrative Colloquium; ISBN: 9781086405842 (Available in St Francis Book Store)
- 2) Living Liturgy™: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, Year B (2021) & Year C (2022)
- 3) The Spiritual Wisdom of the Gospels for Christian Preachers and Teachers Year B & Year C from Liturgical Press



## **Library Reference Books for supplemental reading:**

(Resource books in our library)

## **TSP Learning Outcomes:**

- ***Systematic Spiritual Theology*** Students will identify and comprehend the historical foundations of spirituality and be able to apply them to ministry.
- ***Christian Worldview*** Students will explore the foundational spiritual traditions of Christianity and demonstrate skill in applying to ministry its methods, resources, and meaning.
- ***Reflective Skills*** Students will learn to reflect on their world experience through a spiritual lens.
- ***Collaborative Learning*** – Students will apply their increasing spiritual theological understanding to both learning and directing others.

## **Grading Policy and Scale:**

It is expected that written assignments and class presentations reflect the following:

- Clear expression of thought
- Logical coherence
- Correct facts
- Engagement with course material
- Correct spelling and grammar

This is a Pass/Fail course, with the final grade based on the following point potential:

- Attendance and active participation 70
- Class Presentations 30

## **Attendance Policy:**

Students are expected to attend each class. In the event of illness or emergency please notify the professor.

## **Students With Learning Disabilities:**

If a student is in need of an accommodation based on the impact of your disability, you should contact me to arrange an appointment. At the appointment we can discuss the course format, anticipate your needs and explore potential accommodations. I rely on the Diocesan Office for Disabilities for assistance in verifying the need for accommodations and developing accommodation strategies.

**Course Schedule and Assignment List:**

<b>Class Week:</b>	<b>Class Dates:</b>
1	7-Sep
2	14-Sep
3	21-Sep
4	28-Sep
5	5-Oct
6	12-Oct
7	19-Oct
8	26-Oct
9	2-Nov
10	9-Nov
11	16-Nov
	25-Nov
12	30-Nov
Graduation	15-Dec

**Typical Class Agenda:**

6:00 pm -- 6:20 pm    Lectio Divina Reflection  
 6:20 pm -- 7:20 pm    Lecture Q/A  
 7:25 pm -- 7:40 pm    15 minute Break  
 7:40 pm -- 8:40 pm    Breakout  
 8:40 pm -- 9:00 pm    Large Group Wrap up

## Course Schedule and Assignment List:

### Class Week 1: Sept 7

**Note: Required reading *before this first class*:**

The Art of Spiritual Direction

Living Liturgy: 24th Sunday in OT

Spiritual Wisdom of the Gospels: 24th Sunday in OT

**Lecture:** Introduction: Preface and Overview of the Art of Spiritual Direction

### **Reading Assignment for the Class Week 2, Sept 14:**

Systematic Spiritual Direction Chapter 2: Mysticism

Living Liturgy: 25th Sunday in OT

Spiritual Wisdom of the Gospels: 25th Sunday in OT

### Class Week 2: Sept 14

**Lecture:** Coursepack Systematic Spiritual Direction Chapter 2: Mysticism

John Mabry:

*Growing into God: A Beginner's Guide to Christian Mysticism* John Mabry  
For many people, the word mysticism conjures up occult, secretive rituals held after midnight in some dark cave. But true mysticism isn't at all sinister or secretive, says author John Mabry, an Anglican-rite Congregational minister. In fact, mysticism is at the heart of an authentic Christian life. It is nothing more and nothing less than the pursuit-and enjoyment-of union with God, which is the goal of all Christian spirituality. Christian mysticism is the discipline of growing the soul into God—shedding illusory identities, deepening prayer, seeing God in all things, and acting as Christ in the world.

Discerning the Purgative / Illuminative / Unitive dimensions of the Directee

**Student Presentation:** (n/a)

**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 3, Sept 21:**

Chapter 3: Pilgrim's Way of the Cross

Living Liturgy: 26th Sunday in OT

Spiritual Wisdom of the Gospels: 26th Sunday in OT



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## **Class Week 3: Sept 21**

**Lecture:** Chapter 3: Pilgrim's Way of the Cross

**Student Presentation:** (topic tbd)

**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 4, Sept 30:**

Chapter 4: Spirituality of the Desert Fathers and Mothers

Living Liturgy: 27th Sunday in OT

Spiritual Wisdom of the Gospels: 27th Sunday in OT

## **Class Week 4: Sept 30**

**Lecture:** Chapter 4: Spirituality of the Desert Fathers and Mothers

**Student Presentation:** (topic tbd)

**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 5, Oct 5:**

Chapter 5: Benedictine Spirituality

Living Liturgy: 28th Sunday in OT

Spiritual Wisdom of the Gospels: 28th Sunday in OT

## **Class Week 5: Oct 5**

**Lecture: Coursepack** Chapter 5: Benedictine Spirituality

**Student Presentation:** (topic tbd)

**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 6, Oct 12:**

Chapter 5: The Benedictine Rule

Living Liturgy: 29th Sunday in OT

Spiritual Wisdom of the Gospels: 29th Sunday in OT

## **Class Week 6: Oct 12**

**Lecture:** Chapter 5: The Benedictine Rule, with ISD Focus Nancy Theis

**Student Presentation:** (topic tbd)

**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 7, Oct 19:**

Chapter 6: Carmelite Spirituality: St Teresa Avila

St. Teresa and the Four Waters of Prayer

Living Liturgy: 30th Sunday in OT

Spiritual Wisdom of the Gospels: 30th Sunday in OT



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## ☐ **Class Week 7: Oct 19**

**Lecture:** Chapter 6: Carmelite Spirituality: St Teresa Avila  
St. Teresa and the Four Waters of Prayer  
**Student Presentation:** (topic tbd)  
**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 8, Oct 26:**

Chapter 7: Carmelite Spirituality: St John of the Cross  
Living Liturgy: 31st Sunday in OT  
Spiritual Wisdom of the Gospels: 31st Sunday in OT

## ☐ **Class Week 8: Oct 26**

**Lecture:** Chapter 7: Carmelite Spirituality: St John of the Cross  
**Student Presentation:** (topic tbd)  
**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 9, Nov 2:**

Chapter 8: Ignatian Spirituality: Discernment of Spirits  
Living Liturgy: 32nd Sunday in OT  
Spiritual Wisdom of the Gospels: 32nd Sunday in OT

## ☐ **Class Week 9: Nov 2**

**Lecture:** Chapter 8: Ignatian Spirituality: Discernment of Spirits  
**Student Presentation:** (topic tbd)  
**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 10, Nov 9:**

Chapter 9: Ignatian Spirituality: Daily Examen  
Living Liturgy: 33rd Sunday in OT  
Spiritual Wisdom of the Gospels: 33rd Sunday in OT

## ☐ **Class Week 10: Nov 9**

**Lecture:** Chapter 9: Ignatian Spirituality: Daily Examen  
**Student Presentation:** (topic tbd)  
**Practicum:** Review student practicum, journaling, and peer review

### **Reading Assignment for the Class Week 11, Nov 16:**

Chapter 10: The Spanish Mystics models of Lectio Divina  
Living Liturgy: Solemnity of Lord Jesus Christ the King  
Spiritual Wisdom of the Gospels: Solemnity of Lord Jesus Christ the King

☐ **Class Week 11: Nov 16**

**Lecture:** Chapter 10: The Spanish Mystics models of Lectio Divina

**Student Presentation:** (topic tbd)

**Practicum:** Review student practicum, journaling, and peer review  
Hand out Student Course Evaluations

**Reading Assignment for the Class Week 12, Nov 30:**

Chapter 11: Integrative Colloquium:

Your Spiritual Crockpot and Rule of Life

Living Liturgy: Second Sunday of Advent, Year a

Spiritual Wisdom of the Gospels: Second Sunday of Advent, Year C

**Nov 25** *Thanksgiving Break: No Class*

☐ **Class Week 12: Nov 30**

**Lecture and Student Presentations:** Chapter 11: Integrative Colloquium:

Your Spiritual Crockpot and Rule of Life

**Practicum:** Review student practicum, journaling, and peer review

**Student Evaluations:** Complete course evaluations

Instructors will meet with each student.

*wrap up semester, discussion.*

Planning for Evening of Commencement

☐ **December 15<sup>th</sup>, Commencement Ceremony**

*Mass, Granting of Certificates of Completion, followed by Reception Dinner*